

Flavonoids from Plant Source as Protein Tyrosine Phosphatase 1B Inhibitors: *In Silico* Update

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ABSTRACT

Protein Tyrosine Phosphatase 1B (PTP1B) enzyme, type 1 non-transmembrane protein tyrosine phosphatase, is extensively expressed in different organs in the body and is linked to different signal transduction pathways including insulin signaling pathway. PTP1B inhibition exhibits significant effects on glucose homeostasis and glucose balance in blood and tissue. Several types of synthetic/natural compounds have been tested. Among these compounds, flavonoids showed high potency as PTP1B inhibitors. Different studies revealed that flavonoids could be promising PTP1B inhibitors with antidiabetic and weight loss effects. In recent years, the discovery of new flavonoids with PTP1B inhibition activity has been facilitated by the application of molecular modeling and computational methods. This review highlights the research efforts conducted in the discovery of flavonoids as PTP1B inhibitors and the role of computer-aided drug design techniques utilized in the discovery process.

Keywords: PTP1B, flavonoids, inhibitory activity, *In Silico*, diabetes mellitus

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INTRODUCTION

For several millenniums, products derived from nature were considered a keystone in human strategies against diseases as a treatment and preventive agents. Recently, the interest in using medicinal plants for the treatment of diseases in many countries has increased. Natural products have wide structural and chemical diversity which continue to motivate novel discoveries in medicine. However, besides their biological and chemical diversity, the emergence of innovative technologies has reformed the screening of natural products methods used in discovering new drugs. They are evolutionarily optimized as drug-like molecules, and have therefore proved to be an important source for new drugs and bioactive leads. About 35% of approved drugs over the past two decades were plant based or derived from natural sources^{1,2}. The discovery of novel, safer and more efficacious medicines continues to be the most significant goal regarding the development of new drugs. Therefore, researchers have recently reconsidered the use of bioactive compounds obtained from natural sources in folk medicine to treat diabetes mellitus (DM), cancer, and other diseases because of their natural origination³.

Protein tyrosine phosphatase 1B (PTP1B) is an ubiquitously expressed phosphatase that has emerged as a relevant regulator of a variety of signaling pathways initiated by the activation of the tyrosine kinase receptor superfamily⁴. Therefore, several potential therapeutic uses of PTP1B inhibitors were reported in the literature. It was disclosed that increased PTP1B activity is associated with defective neuronal insulin signaling pathways that are impaired in Alzheimer's disease (AD), therefore PTP1B inhibition may represent an interesting therapeutic approach to modify abnormal signaling processes linked to AD⁴. Moreover, it was found that the expression of PTP1B is increased in inflammatory conditions where it plays a role in neuroinflammation⁵. PTP1B also acts as a negative regulator of interleukin-4-induced anti-inflammatory signaling, and thus it is considered a potential therapeutic target for neuroinflammatory and neurodegenerative diseases⁵. Additionally, PTP1B is an active player in several types of cancer including lung cancer and breast cancer, both as an oncogene and a tumor suppressor. The enzyme plays a role in the regulation of cell migration and adhesion in cancerous as well as normal cells⁶. Recently, PTP1B has received attention in liver diseases and represents an interesting target by modulating liver cells death, survival, and hepatic lipogenesis⁷. More notably is a decline in the number of apoptotic liver cells and the level of liver enzymes due to the interruption of PTP1B in mice model. Furthermore, PTP1B contributes to the cardiovascular disturbances at different molecular levels and

therefore, PTP1B inhibitors could be used in prevention and reversal of atherosclerosis development and thus reduces cardiovascular disease risk⁸.

PTP1B has been identified as a negative regulator of both insulin and leptin signaling pathways leading to decreased sensitivity to both hormones. Studies have shown that insulin resistant conditions are associated with increased expression and activity of PTP1B and therefore is considered a valid therapeutic target for diabetes^{8,9}. Diabetes mellitus type 2 (T2DM) is a chronic metabolic disorder manifested by high levels of blood sugar associated with a gradual decrease in insulin secretion and/or increase of insulin resistance. T2DM accounts for 90% of the cases of diabetes globally and about 90% of adults with T2DM are overweight or obese^{10,11}. Therefore, it is not unexpected that substantial efforts have been made to identify medicines to treat T2DM. Several animal models, cell lines and clinical studies have shown that deficiency of PTP1B activity is accompanied by resistance to obesity with an increase in insulin sensitivity^{8,9}.

The significance of such target has increased the demand of substantial research in the discovery of PTP1B inhibitors for T2DM and obesity treatment^{9,12}. Within the last few years, there has been a growing interest in the discovery of antidiabetic and weight loss agents from natural products. Among these natural products, flavonoids were found to be an important source for new antidiabetic drugs, whereas numerous cell and animal studies support the hypoglycemic activity of flavonoids including PTP1B inhibition¹³.

In this review, we will provide a brief overview of flavonoids as natural products with anti-PTP1B activity, including a discussion of the results of many recent studies focused on the discovery of flavonoids as PTP1B inhibitors using computer-aided drug discovery techniques.

PTP1B structural biology and its mechanism as a target for obesity and diabetes

Protein tyrosine phosphatases (PTPs), signaling enzymes, are a group of enzymes which catalyze the dephosphorylation of tyrosine phosphorylated proteins. PTPs have a considerable effect on regulation of a number of cellular operations such as proliferation and differentiation, growth, cell-cell adhesion, metabolism, cell matrix contacts, and immune response. In particular, PTP1B, also known as protein tyrosine phosphatase non-receptor type 1, is a type 1 non-transmembrane protein that catalyzes tyrosine phosphorylated proteins. It is widely distributed indifferent organs in the human body and participated in different signal transduction pathways¹⁴. PTP1B participates

in insulin signaling pathway by dephosphorylation of insulin receptor and its downstream signaling components, which involved in glucose level regulation and resulted in diabetes and weight gain or as called diabesity; obesity resulted from diabetes^{15,16}. Accordingly, targeting the activity of this enzyme is suggested to have therapeutic effect in diabetes. PTP1B inhibitors are attractive leads for the treatment of insulin resistance in diabetes. The discovery of the crystal structure of human PTP1B and its catalytic site by Barford and colleagues helped in understanding, illustrating, predicting, and designing potent inhibitors (Figure 1)¹⁷.

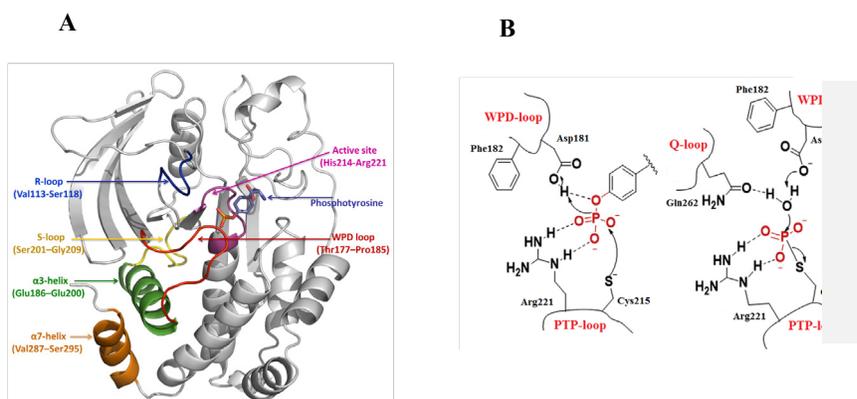


Figure 1: **A.** Cartoon representation of PTP1B protein structural elements¹⁸. **B.** The catalytic mechanism of tyrosine dephosphorylation within the active site.

The majority of PTP1B crystal structures consist of a single domain, arranged in eight α helices and eleven β strands (Figure 1). The catalytic site of PTP1B composed of amino acid residues His214-Arg221 and loops R (Val113-Ser118), WPD (Thr177-Pro185). WPD-loop, conserved protein loop, contains three highly conserved residues: tryptophan (W), proline (P) and aspartic acid (D). The other main elements of PTP1B are: R3-helix (Glu186-Glu200); R6-helix (Ala264-Ile281); and R7-helix (Val287-Ser295); and S loops (Ser201-Gly209) which play a role in the binding of substrate and take part in dephosphorylation of tyrosine moiety of substrate proteins^{18,19}. Several X-ray crystallized structures revealed that Cys215, Arg22, Asp181, and Gln262 are the most vital residues in the enzyme catalytic activity²⁰. Within the catalytic site Cys215 acts as a nucleophile in the primary separating phase. Moreover, a non-catalytic allosteric binding site for small molecule inhibitors was also identified (Figure 1)²¹.

Selectivity is a very significant issue in the strategy of designing new PTP1B inhibitors. Targeting the catalytic active site of PTP1B, which is highly conserved among PTPs, raised substantial challenges regarding the selectivity and bio-availability of the enzyme inhibitors due to the highly charged character of the binding site. Therefore, researchers were encouraged to explore other mechanisms of enzyme inactivation.

In 2004, a new PTP1B allosteric site nearby the active binding pocket (20 Å) was discovered. It was revealed that allosteric inhibitors trap inactive conformation by inhibiting flexibility of the catalytic loop²². Moreover, Krishnan *et al.* (2014) have identified a new mechanism of allosteric inhibition throughout targeting the non-catalytic part of PTP1B at the C-terminal. It was demonstrated that targeting on-catalytic area adjacent to the active site would lock PTP1B in an inactive state as a result of the cooperative effects between the two sites²³. Therefore, targeting the allosteric site would provide superior selectivity, less side effects, and lower toxicity because of its hydrophobic nature and no conserved sequence. Consequently, the allosteric site emerged as an interesting target in drug discovery.

Regulation of insulin signaling pathway

Insulin is a peptide hormone secreted by β -cell and is found to be negatively regulated by PTP1B. Upon binding to the extracellular α subunits of its receptor, insulin receptor (IR) is activated by autophosphorylation. Subsequently, phosphorylation of Tyrosine residues of insulin receptor substrates (IRS) mostly recruits and activates the phosphoinositide 3-kinases (PI3K) leading to the generation of second messenger phosphatidylinositol-3,4,5-triphosphate (PIP₃) (Figure 2)^{24,25}. The membrane-bound PIP₃ recruits and activates protein kinase-1 (PDK-1), which phosphorylates the protein kinase B (PKB). Pleckstrin homology (PH) domain, which is part of PDK-1, plays an important role in the activation of PDK-1 and the subsequent activation of Akt/PKB upon strong binding to membrane-bound PIP₃. PDK-1 phosphorylates PKB/Akt at Thr-308. Therewith, phosphorylation at Ser-473 is essential for complete activation of PKB, and this is achieved by the mammalian target of rapamycin complex 2 (mTORC2)²³.

Activated PKB/Akt plays the main role in interceding insulin action and metabolic effects such as gluconeogenesis, glycogen synthesis, and glucose transport. The phosphorylation of the activated Akt substrate, AS160, is required for translocation of glucose transporter 4 (GLUT4) to the plasma membrane in a process known as GLUT4 translocation. PTP1B dephosphorylates the tyrosine residues on activated IR and IRS, thereby leading to their deactivation. The ac-

tion of PTP1B resulted in impediment of the activation of PI3K and PKB/Akt and subsequent downstream kinases and therefore turns off insulin signal. As a result, GLUT4 translocation is inhibited and therefore cellular glucose uptake is reduced, and insulin resistance occurred, which reduces glucose intake and increased hepatic glucose output, which finally cause increment in blood glucose level (Figure 2)^{24,25}.

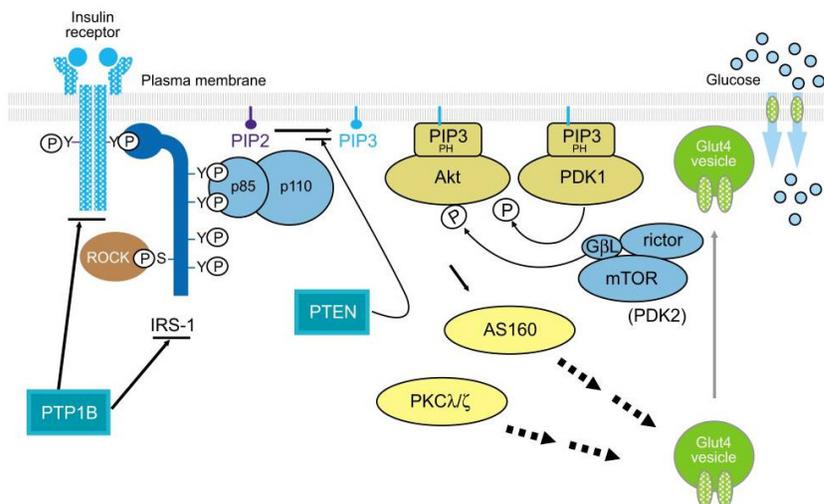


Figure 2: Negative regulation of insulin signaling pathway by PTP1B. Binding of insulin with its receptor tyrosine kinase (IR) results in the phosphorylation of insulin receptor substrates (IRS). Main IRS-mediated pathways include the PI3K/Akt pathway, which plays a central role in activation and regulation of several metabolic processes, including glycogen and protein synthesis glucose transport stimulation and adipogenesis. IR is dephosphorylated and inactivated by PTP1B which has negative effects on glucose metabolism and insulin action²⁵.

Flavonoids as PTP1B inhibitors

Flavonoids belong to a class of secondary plant metabolites having polyphenolic structure that exist extensively in nature and in the human diet. They are composed of 15 carbon atoms, having two aromatic rings connected by three carbon atoms. Flavonoids have several subgroups, which include chalcones, flavonols, flavones, flavanones, isoflavones, catechins, and anthocyanidins (Figure 3). Their broad spectrum of biological activity such as antidiabetic, cardioprotective, antitumor, anti-inflammatory, antiviral, antioxidant and anti-platelet activities, has attracted great interest in research on flavonoids²⁶.

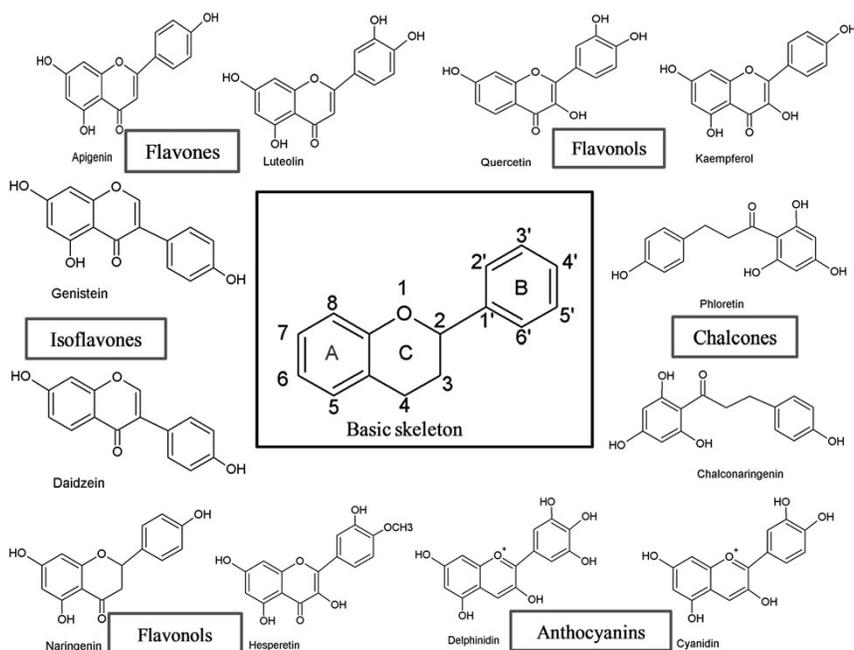


Figure 3: Basic skeleton structure of flavonoids and their classes²⁶.

In 2002, Ueda and colleagues were the first to study a natural derived inhibitor for PTP1B. They isolated 4-Isoavenaciolide from a fungal strain and was identified as an inhibitor of PTP1B with IC_{50} of $10.7 \mu M$ ²⁷.

The interest in exploring the bioactivity of *Erythrina* species has led to the separation of many biologically active compounds that inhibit PTP1B *in vitro*. A bioassay-guided fractionation of the ethanolic extract of the stem bark of *E. addisoniae* (*Leguminosae*) has resulted in the identification of a group of prenylated isoflavonoids regarded as PTP1B inhibitors²⁸. Three of these natural molecules showed potential inhibition against PTP1B with IC_{50} values ranging between 2.6 ± 0.5 to $10.1 \pm 0.3 \mu M$ (compounds **1-3**, Figure 4). It was noticed that cyclization between a hydroxyl group at C-7 and one of the prenyl groups at C-6 or C-8 in the ring **A** and the presence of hydroxyl group in ring **B** at positions 2' and 4' could be significant for activity²⁸. Further exploration for this plant resulted in the separation of six 2-arylbzofuran derivatives from the stem bark. Three of them (**4-6**, Figure 4) were new with relatively strong *in vitro* anti-PTP1B activity (IC_{50} between 13.6 ± 1.1 to 17.5 ± 1.2)²⁹. Moreover, 12 flavanones with 2,2-dimethylpyrano ring were isolated, six of them (**7-12**, Figure 4) showed *in vitro* PTP1B inhibition with IC_{50} values ranging between

13.9 ± 2.1 and 19.0 ± 1.8 μM³⁰. The obtained results showed that the presence of methoxy groups and prenyl moiety on ring **B** boost the PTP1B inhibitory activity of isolated flavanones.

Nguyen *et al.*, reported the isolation of 15 pterocarpan derivatives and 6 prenylated isoflavonoids from the alcoholic extract of the root and the stem bark of *E. abyssinica* and *E. addisoniae*, respectively^{31,32}. All the isolated compounds were evaluated for their PTP1B inhibition activity, as well as for their cytotoxic activities against a group of breast cancer cell lines. Pterocarpan derivatives (**13-20**, Figure 4) which have anti-PTP1B activity (IC₅₀) ranging from 4.2 ± 0.2 to 19.3 ± 0.3 μM, displayed potential cytotoxic activities (IC₅₀ between 5.6 ± 0.7 to 28.0 ± 0.2 μM). Similarly, prenylated isoflavonoids (**21-25**, Figure 4) which have anti-PTP1B activity, between 4.6 ± 0.3 to 24.2 ± 2.1 μM, exhibited strong cytotoxic activities (3.97 ± 0.17 to 11.4 ± 1.9 μM). Structurally similar isoflavonoids derivatives of another *Erythrina* species (*E. lysistemon*, Hutch) were separated from the stem bark. Nine of them showed *in vitro* potential inhibition of PTP1B and the most potent compound was **26** (Figure 4) with an IC₅₀ = 1.01 ± 0.3 μg/mL (2.4 μM)³³. The obtained results supported the previous remarks, regarding the structural activity relationship (SAR) of prenylated isoflavonoids²⁸, which suggested that the presence of prenyl groups on pterocarpan could enhance their inhibitory activity especially at ring **A** and/or **D**. Furthermore, the presence of an aldehyde at C-8 and a hydroxyl group at C-6 may account for the decrease in activity³³.

A natural product library of 42 licorice flavonoids was screened against PTP1B. Several compounds with potential PTP1B inhibitory activity were identified, and the most potent compound was licoagrone (**27**, IC₅₀ = 6.0 μM, Figure 5)³⁴. Similarly, screening of another natural compounds library resulted in the discovery of five new inhibitors of PTP1B that were isolated from *Sophora flavescens*³⁵. These compounds were derivatives of lavandulyl flavonoids, and the most potent compound was 2'-methoxykurarinone (**28**, IC₅₀ = 5.26 ± 0.24 μM, Figure 5), which is a noncompetitive PTP1B inhibitor (K_i = 3.15 μM)³⁵.

Luteolin (**29**, Figure 5), an abundant flavonoid existing in numerous vegetables and fruits, was reported to have potent PTP1B inhibitory activity (IC₅₀ = 6.70 ± 0.03 μM). However, isoorientin and orientin, two C-glycosylated luteolin derivatives, were both inactive at the same concentration, which points out that C-glycosylation at various positions on luteolin could have a negative influence on luteolin-PTP1B inhibitory activity³⁶.

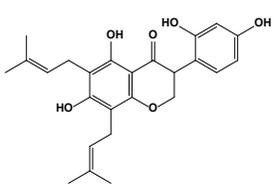
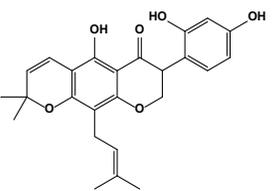
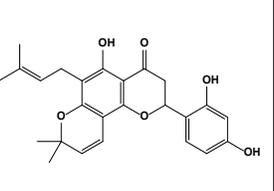
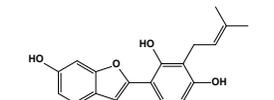
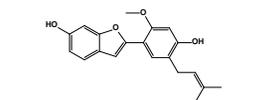
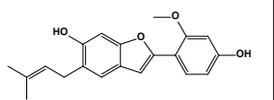
Investigation of the extract of *Cudrania tricuspidata* roots led to the separation of 16 compounds. Four of the isolated compounds were flavonoids (**30–33**, Figure 5) that showed significant PTP1B inhibitory activity in a dose-dependent manner, with IC_{50} ranging from 5.7–13.6 μ M. Moreover, kinetic analyses revealed that the isolated flavonoid (**32**) was a noncompetitive PTP1B inhibitor, so it could be considered a valuable lead compound in designing antidiabetic and weight loss agents³⁷.

In another study, nine natural products were separated from *Ficus tikoua* (*Moraceae*). Two of these compounds were novel isoprenylated flavanones, while seven of them showed moderate *in vitro* PTP1B inhibition activities (IC_{50} range from 11.16 – 40.37 μ M). The most potent one was the isoflavone derivative with $IC_{50} = 11.16 \mu$ M (**34**, Figure 5)³⁸.

Three isolated flavonoids from *Agrimoni apilosa* showed a good inhibitory potency against PTP1B³⁹. Kaempferol-3-*O*- α -L-rhamnoside (**35**) was the most potent flavonoid ($12.16 \pm 0.02 \mu$ M) while compound (**36**), apigenin-7-*O*- β -D-glucuronide-6"-methyl ester, showed strong PTP1B inhibition ($IC_{50} = 14.35 \pm 0.76 \mu$ M) (Figure 5).

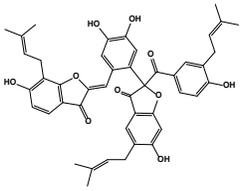
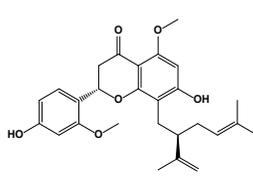
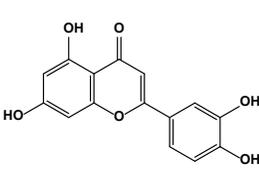
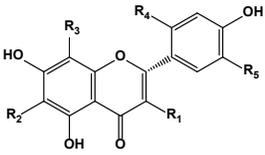
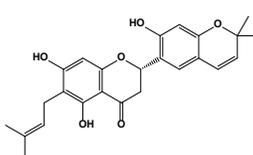
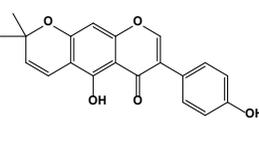
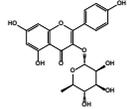
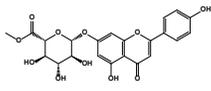
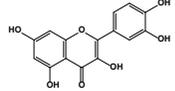
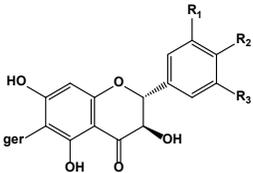
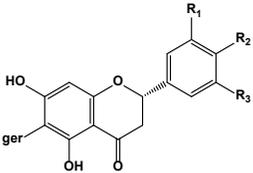
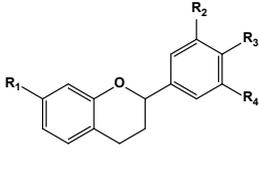
In 2015, Jiang, *et al.*, evaluated the pharmacological activity of several flavonoids derived from *Hypericum scabrum* L. and they found that only quercetin (**37**, Figure 5) exhibited significant PTP1B inhibitory activity ($IC_{50} = 2.19 \pm 0.2 \mu$ M, Figure 5)⁴⁰.

Eight geranyl-substituted flavonoids with dual inhibition of α -glucosidase and PTP1B were separated from the methanolic extract of the fruits of *Paulownia tomentosa* (**38–45**, Figure 5). All of them exhibited effective mixed type I PTP1B inhibition activity (IC_{50} values between 1.9 – 8.2 μ M) as shown by enzymatic kinetics study⁴¹.

		
1(10.1 \pm 0.3)	2(2.6 \pm 0.5)	3(4.1 \pm 0.2)
		
4(13.6 \pm 1.1)	5(17.5 \pm 1.2)	6(15.7 \pm 1.6)

<p>7 (13.9 ± 2.1) (R₁ = prenyl, R₂ = OH, R₃ = CH₃) 8 (17.9 ± 1.7) (R₁ = H, R₂ = OCH₃, R₃ = CH₂OH)</p>	<p>9 (14.9 ± 1.6) (R₁ = R₅ = OH, R₂ = R₄ = H, R₃ = prenyl) 10 (18.2 ± 2.1) (R₁ = R₅ = OH, R₂ = R₄ = H, R₃ = OCH₃) 11 (19.0 ± 1.8) (R₁ = R₄ = R₅ = OH, R₂ = H, R₃ = prenyl) 12 (18.2 ± 1.2) (R₁ = R₄ = R₅ = OH, R₂ = prenyl, R₃ = OH)</p>	<p>13 (19.3 ± 0.3) R₁ = R₂ = R₄ = H, R₃ = OCH₃, R₅ = CH₃, R₆ = prenyl 14 (19.5 ± 1.5) R₁ = R₃ = R₄ = R₅ = R₆ = H, R₂ = prenyl 15 (7.3 ± 0.1) R₁ = R₃ = R₅ = R₆ = H, R₂ = R₄ = prenyl 26 (2.4 μM) R₁ = R₃ = R₄ = R₅ = H, R₂ = R₆ = prenyl</p>
<p>16 (4.2 ± 0.2) R₁ = R₃ = H, R₂ = prenyl 17 (7.8 ± 0.5) R₁ = prenyl, R₂ = R₃ = H 18 (8.8 ± 0.5) R₁ = prenyl, R₂ = H, R₃ = OH</p>	<p>19 (7.6 ± 0.9)</p>	<p>20 (6.4 ± 0.6)</p>
<p>21 (17.4 ± 1.1) R₁ = R₅ = H, R₂ = R₃ = prenyl, R₄ = R₆ = OH 22 (7.8 ± 0.5) R₁ = R₂ = R₄ = H, R₃ = R₅ = prenyl, R₆ = OH 23 (4.6 ± 0.3) * R₁ = OH, R₂ = R₃ = R₄ = H, R₅ = prenyl, R₆ = OCH₃</p>	<p>24 (13.8 ± 1.8)</p>	<p>25 (24.2 ± 2.1)</p>

Figure 4. Structures of Natural flavonoids isolated from *Erythrina* with their PTP1B inhibitory activities (IC₅₀ in μM). * compound 23 is chromane derivative

		
27 (6.0 μ M)	28 (5.26 \pm 0.24 μ M)	29 (6.70 \pm 0.03 μ M)
		
30 (13.6 \pm 3.3 μ M) R ₁ =R ₃ = prenyl, R ₂ =R ₅ = H, R ₄ =OH 31 (9.4 \pm 2.9 μ M) R ₁ =R ₂ = prenyl, R ₃ =R ₅ = H, R ₄ =OH 32 (5.7 \pm 1.5 μ M) *R ₁ =R ₃ = H, R ₂ =R ₅ = prenyl, R ₄ = OH	33 (12.3 \pm 2.2 μ M)	34 (12.3 \pm 2.2 μ M)
		
35 (12.16 \pm 0.02 μ M)	36 (14.35 \pm 0.76 μ M)	37 (2.19 \pm 0.2 μ M)
		
38(4.9 \pm 0.5 μ M) R ₁ =OCH ₃ , R ₂ = OH, R ₃ =H 39(8.2 \pm 0.6 μ M) R ₁ =OH, R ₂ = OCH ₃ , R ₃ = H 40(6.6 \pm 0.5 μ M) R ₁ =OH, R ₂ = OCH ₃ , R ₃ = OH ger:geranyl	41(1.9 \pm 0.1 μ M) R ₁ =R ₃ =H, R ₂ = OH 42 (3.9 \pm 0.3 μ M) R ₁ =OCH ₃ , R ₂ = OH, R ₃ =H 43(7.8 \pm 0.6 μ M) R ₁ =OH, R ₂ = OCH ₃ , R ₃ = H 44(5.9 \pm 0.4 μ M) R ₁ =OH, R ₂ = OCH ₃ , R ₃ = OH 45(3.8 \pm 0.3 μ M) R ₁ = OCH ₃ , R ₂ = OH, R ₃ = OCH ₃	46(20.00 \pm 1.85 μ M) R ₁ =R ₃ =OH, R ₂ = OCH ₃ , R ₄ =prenyl 47(27.20 \pm 3.61 μ M) R ₁ =R ₃ =OH, R ₂ = prenyl, R ₄ =H 48(54.20 \pm 5.38 μ M) R ₁ =R ₂ = OCH ₃ , R ₃ = OH, R ₄ = H

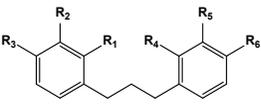
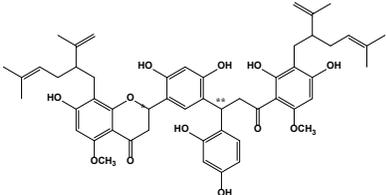
	
<p>49 (16.70 ± 1.20 μM) R₁=OCH₃, R₂=prenyl, R₃=R₆=OH, R₄=R₅=H</p> <p>50 (34.10 ± 10.54 μM) R₁=OCH₃, R₂=R₄=R₅=H, R₃=R₆=OH</p> <p>51 (9.45 ± 0.93 μM) R₁=R₃=R₆=OH, R₂=prenyl, R₄=R₅=H</p> <p>52 (13.00 ± 0.25 μM) R₁=R₅=H, R₂=prenyl, R₃=R₆=OH, R₄=OCH₃</p>	<p>53 (*S,**R) (0.33 μM) 54 (*R,**R) (0.35 μM)</p>

Figure 5: Chemical structure of natural PTP1B inhibitors. *compound 32 is chromane derivative

The aqueous extract of *Broussonetia kazinoki* has demonstrated a hypoglycemic effect in experimental diabetic rats⁴². Isoprenylatedflavan from *B. kazinoki*, Kazinol B, was effective in decreasing insulin resistance in 3 T3-L1 adipocytes *via* activation of AMPK and PKB⁴³. According to these results, it was proposed that *B. kazinoki* could be a potential source of compounds with antidiabetic activity. Interestingly, seven isolated compounds (**46–52**, Figure 5) exhibited *in vitro* PTP1B inhibitory activities with IC₅₀ ranged between 9.45–54.20 μM⁴⁴. The obtained results highlighted some points regarding the SAR of these natural compounds such as that compounds without prenyl group have weak or no activity, and glycosylation of the hydroxyl group decreases the activity.

Studying the ethanolic extract of *Sophora flavescens* resulted in the isolation of eight biflavonoids, consisting of a flavanone fused with a dihydrochalcone skeleton. Five of them were found to have potent *in vitro* PTP1B inhibitory activity (%inhibition at 10 μM was between 93.0–96.6%) and the IC₅₀ for two of them (**53** and **54**, Figure 5) was determined to be 0.33 and 0.35 μM, respectively⁴⁵.

Molecular modeling approaches in the discovery of flavonoids as PTP1B inhibitors

The classical methods used in the discovery of new lead compounds and drugs are laborious, highly expensive, and time-consuming. A different surrogate strategy that could surmount such challenges is the utilization of computer-

aided drug design (CADD). For example, molecular docking simulations were acknowledged as an effective method for predicting the interaction as well as binding energies of target–ligand complexes and therefore are very valuable in rational structure-based drug design. Recent advances in lead discovery from nature using cheminformatics and *in silico* screening is widely reported in the literature⁴⁶⁻⁵¹.

Amentoflavone, a natural biflavonoid isolated from *Selaginella tamariscina*, was reported as PTP1B noncompetitive allosteric inhibitor ($K_i = 5.2 \mu\text{M}$)⁵². Molecular docking simulations between PTP1B-allosteric site and amentoflavone were performed, and docking model was determined using AutoDock software. Depending on this docking model, multiple five featured-pharmacophore maps were generated: one lipophilic feature, two hydrogen bonding acceptors and two hydrogen bonding donors. Applying receptor-guided pharmacophore-based virtual screening against a database containing 40 natural biflavonoids resulted in the identification of two biflavonoids: sumaflavone (**55**) and tetrahydroamentoflavone (**56**) as potent allosteric inhibitors (Figure 6). Based on the docking results, it was proposed that the hydroxyl group at position 4' is significant factor for allosteric inhibition⁵³.

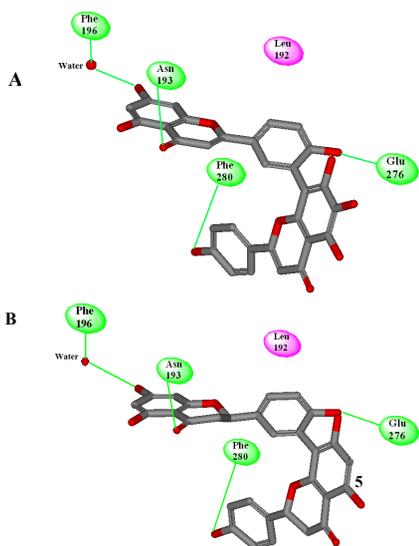


Figure 6: Docking models of biflavonoids and PTP1B. (A) Sumaflavone (**55**) (B) Tetrahydroamentoflavone (**56**)⁵³. Hydrogen bonds between protein and ligands are shown in green while hydrophobic contacts are represented in magenta.

Screening of an in-house built database of 14 polyphenolic compounds against PTP1B revealed that morin and apigenin, two flavonoids widely abundant in herbs, vegetables, and fruits, are reversible PTP1B inhibitors⁵⁴. Morin (**57**) was the most potent non-competitive PTP1B inhibitor ($IC_{50} = 15.0 \pm 0.8$; $K_i = 5.9 \pm 0.4 \mu\text{M}$). In order to identify the binding mode of morin which could support a non-competitive mechanism of binding, it was docked with PTP1B using SwissDock. The docking model showed that morin doesn't bind in the catalytic pocket of PTP1B but fits in neighboring site forming 3 hydrogen bonds, with Gln262, Arg254, and Asp28, and hydrophobic interactions with Met258 and Gly259 with predicted binding energy (ΔG) = -6.827 (kcal/mol) (Figure 7).

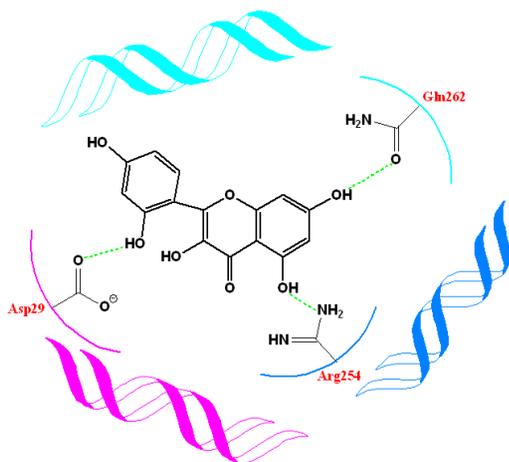


Figure 7: Graphical representation showing hydrogen bond network established by docked pose of Morin (**57**) and neighboring residues of PTP1B: Arg254, Gln262 and Asp29 (green lines)⁵⁴.

In another study, the interactions between PTP1B with three noncompetitive flavonoid inhibitors, morin (**57**, MOR), 6,8-diprenylorobol (**58**, DPO), and 2'-methoxykurarinone (**59**, MOK) were explored. The three flavonoids were docked with PTP1B allosteric site using Autodock software followed by molecular dynamics simulations, using GROMACS package, in order to investigate the conformational changes of PTP1B. Results showed that DPO (**58**) fits within the PTP1B site with the highest docking score i.e., estimated binding energy = -8.3 kcal/mol ($K_i = 2.5 \mu\text{M}$). On the other hand, the predicted binding energies for MOK ($K_i = 3.15 \mu\text{M}$) and MOR ($K_i = 5.9 \mu\text{M}$) were -6.5 and -5.3 kcal/mol, respectively, which is in a direct correlation with their K_i values (Figure 8)⁵⁵. The dissimilarity in affinities of the 3 compounds was ascribed to non-bonded interactions and several hydrogen bonds using per-residue energy decomposition analysis.

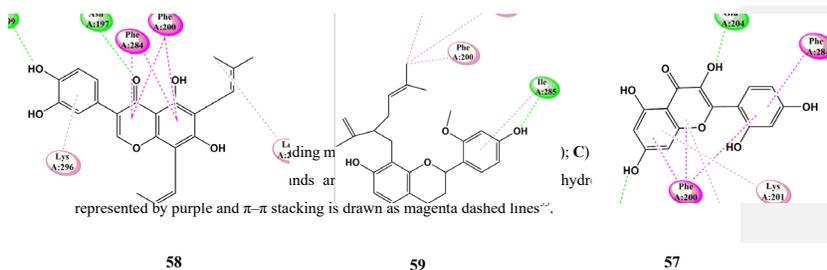


Figure 8. 2D representation of binding mode for: A) DPO (58); B) MOK (59); C) MOR (57). Hydrogen bonds between protein and ligands are drawn as green dashed lines, hydrophobic contacts are represented by purple and π - π stacking is drawn as magenta dashed lines⁵⁵.

A fractionation study conducted on the methanolic extract of rhubarb, *Rheum undulatum* L., resulted in the separation of 10 polyphenolic compounds including flavonoids. Three of them were stilbene derivatives (**60–62**) which exhibited significant PTP1B inhibition (IC_{50} between 4.25 to 6.78 μ M)⁵⁶. Further investigations using docking simulations and kinetic analysis were conducted to reveal the binding mode and the potential interactions of PTP1B with the isolated stilbene derivatives. The obtained findings demonstrated noncompetitive PTP1B inhibition for (**60**) and mixed-type inhibition for piceatannol (**61**) and δ -viniferin (**62**). Further investigation for the active stilbenes using molecular docking showed a strong binding with key residues within the binding site PTP1B with relatively high negative energies (Figure 9).

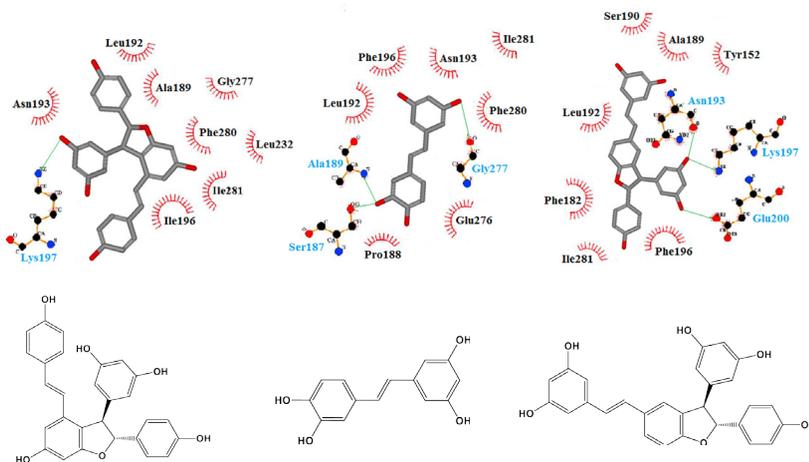


Figure 9: 2D ligand interaction diagram of 60 (A), 61(B) and 62(C) in the allosteric site of PTP1B enzyme. Green lines indicate H-bonds. Carbons are in black, nitrogens in blue, and oxygens in red. Hydrogen bonds between protein and ligands are drawn as green lines⁵⁶.

Fifteen compounds, isolated from *Anoectochilus chapaensis*, were investigated for their PTP1B inhibitory activity *in vitro*⁵⁷. Four flavonoids; quercetin (**37**), isorhamnetin, isorhamnetin-3-O- β -D-glucoside, isorhamnetin-3-O- β -D-rutinoside (**63**), showed significant PTP1B inhibition with IC₅₀ values ranging from 1.16 –5.63 μ M. The results obtained by docking simulations revealed significant binding energies of -7.4 to -7.8 kcal/mol indicating tight binding and supporting the high affinity to the active catalytic site of PTP1B. Among the tested flavonoids, compound **63** showed the highest PTP1B estimated binding energy (-7.8 kcal/mol). Thorough analysis of the estimated binding mode revealed that the stability of the PTP1B-inhibitors complex could be sustained by the formation of multiple hydrogen bonds within the active site (Figure10). Structure–activity relationship study of the flavonoid glycosides derivatives revealed that the carbohydrate moiety at C-3 position has a great influence on PTP1B inhibitory activity⁵⁷.

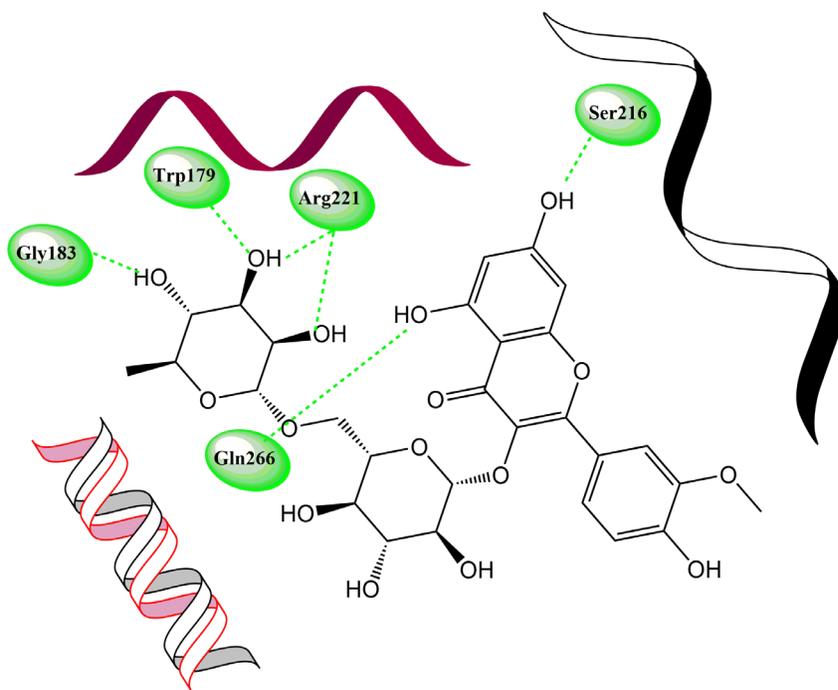


Figure 10: 2D ligand interaction diagram of binding mode of isorhamnetin-3-O- β -D-rutinoside (**63**, IC₅₀ =1.20 \pm 0.05 μ M) within PTP1B active site. Hydrogen bonds between protein and ligands are drawn as green dashed lines⁵⁷.

Furthermore, twenty-six phenolic natural products were extracted from the root bark of *Morus alba*. Ten compounds showed significant PTP1B inhibition with IC_{50} ranged between 1.90 and 9.67 μM ⁵⁸. An enzymatic kinetic study showed that the three most potent compounds were noncompetitive allosteric PTP1B inhibitors, with K_i values between 0.33–1.09 μM . To investigate the binding modes and interaction of the most active compounds with PTP1B, docking simulations were conducted using AutoDock software. Docking results suggested that the three most potent compounds were noncompetitive allosteric inhibitors with negative binding energies range between -8.15 to -7.06 kcal/mol which reflect their tight binding and high affinity for PTP1B. Figure 11 shows the docking results of two of the most potent compounds (**64**, **65**). As shown in figure 11, both compounds shared the same π - π stacked hydrophobic interaction with Phe196 and Phe280. Interestingly, hydrogen bonding was observed between the hetero oxygen of the ketalized ring in compound (**64**) and the allosteric residue Asn193 but not with non-ketalized compound (**65**). This might partially explain why compound (**64**) has the highest PTP1B inhibitory activity and the lowest binding energy (-8.15 kcal/mol).

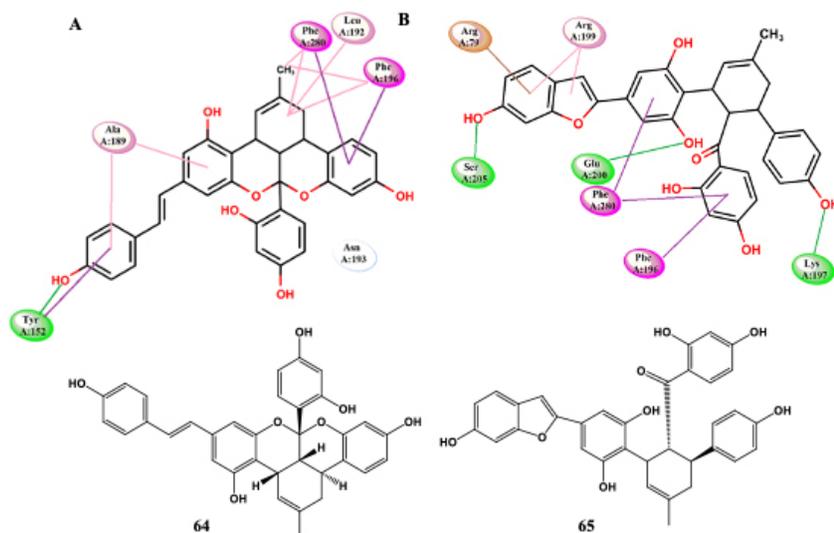


Figure 11: 2D diagram showing molecular docking results of PTP1B with: compound 64 ($IC_{50} = 1.90 \pm 0.12 \mu\text{M}$) (A) and compound 65 ($IC_{50} = 2.80 \pm 0.19 \mu\text{M}$) (B). Hydrogen bonds between protein and ligands are drawn as green lines, hydrophobic contacts are represented by purple, cation- π interactions in brown and π - π stacking in magenta⁵⁸.

CONCLUSION

Designing oral PTP1B inhibitors is a demanding task because of selectivity and bioavailability issues related to the homogeneity and the charged nature of the active site of PTP1B. Flavonoids have received much attention in the literature over the past decade, in which a variety of their potential therapeutic effects in several illnesses including diabetes, obesity, cancer, liver diseases, neurodegenerative diseases and cardiovascular diseases, have been verified. In fact, several natural flavonoids, acting as PTP1B inhibitors, have been proposed as potential antidiabetic drugs. These natural inhibitors, which possess interesting molecular architectures and potent activity, could be used as potential leads for developing promising drug candidates with better efficiency for the treatment of DM and its complications in the near future. This review focuses on summarizing the research efforts conducted in the discovery of flavonoids with PTP1B inhibitory activity, emphasizing the important role of molecular modeling and computer-aided drug design in the identification of these natural PTP1B inhibitors for the treatment of DM.

Unfortunately, despite the great efforts centered on the isolation and identification of many flavonoids as PTP1B inhibitors, and regardless of the diversity of the advanced molecular modeling techniques used in the discovery of these bioactive natural compounds, there were no further efforts exploited for optimization and development of these natural lead compounds into clinically effective drug candidates. Therefore, more research is required for the discovery and development of efficient flavonoids-based medicines with anti-PTP1B activity that could be used as antidiabetic drugs.

CONFLICT OF INTEREST

The authors do not have any conflict of interest.

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